



## GOAL SETTING BY FAITH

JANUARY 20 & 21, 2024

**Daniel 1:1-21 (NLT)**

### GOALS BLESSED BY GOD:

**1**

\_\_\_\_\_ goals (spiritual discipline)

**Daniel 1:4 (NLT)**

Select only strong, healthy, and good-looking young men," he said. "Make sure they are well versed in every branch of learning, are gifted with knowledge and good judgment, and are suited to serve in the royal palace. Train these young men in the language and literature of Babylon."

**1 Corinthians 10:31 (NIV)**

So whether you eat or drink or whatever you do, do it all for the glory of God.

**John 4:32-34 (NLT)**

But Jesus replied, "I have a kind of food you know nothing about." "Did someone bring him food while we were gone?" the disciples asked each other. Then Jesus explained: "My nourishment comes from doing the will of God, who sent me, and from finishing his work."

**2 Corinthians 5:9 (NIV)**

So we make it our goal to please him, whether we are at home in the body or away from it.

**There are four types of people in the world:**

- People who \_\_\_\_\_ things happen.
- People who have \_\_\_\_\_ what's happening.
- People who \_\_\_\_\_ things that are happening.
- People who \_\_\_\_\_ things happen.

**Proverbs 15:22 (TPT)**

Your plans will fall apart right in front of you if you fail to get good advice. But if you first seek out multiple counselors, you'll watch your plans succeed.

## **Philippians 3:13-14 (ESV)**

Brothers, I do not consider that I have made it my own. But one thing I do: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal for the prize of the upward call of God in Christ Jesus.

# 2

## \_\_\_\_\_ goals (all-in)

### **Daniel 1:8-10 (NLT)**

But Daniel was determined not to defile himself by eating the food and wine given to them by the king. He asked the chief of staff for permission not to eat these unacceptable foods. Now God had given the chief of staff both respect and affection for Daniel. But he responded, "I am afraid of my lord the king, who has ordered that you eat this food and wine. If you become pale and thin compared to the other youths your age, I am afraid the king will have me beheaded."

### **1 Corinthians 9:26-27 (CEV)**

I don't run without a goal. And I don't box by beating my fists in the air. I keep my body under control and make it my slave, so I won't lose out after telling the good news to others.

### **1 Corinthians 14:1 (NLT)**

Let love be your highest goal! But you should also desire the special abilities the Spirit gives—especially the ability to prophesy.

# 3

## \_\_\_\_\_ goals (character-building)

### **Daniel 1:11-13 (NLT)**

Daniel spoke with the attendant who had been appointed by the chief of staff to look after Daniel, Hananiah, Mishael, and Azariah. "Please test us for ten days on a diet of vegetables and water," Daniel said. "At the end of the ten days, see how we look compared to the other young men who are eating the king's food. Then make your decision in light of what you see."

### **Romans 6:12-14 (TPT)**

Sin is a dethroned monarch; so you must no longer give it an opportunity to rule over your life, controlling how you live and compelling you to obey its desires and cravings. So then, refuse to answer its call to surrender your body as a tool for wickedness. Instead, passionately answer God's call to keep yielding your body to him as one who has now experienced resurrection life! You live now for his pleasure, ready to be used for his noble purpose. Remember this: sin will not conquer you, for God already has! You are not governed by law but governed by the reign of the grace of God.

# 4

## \_\_\_\_\_ goals (faith-stretching)

### **Daniel 1:14-17** (NLT)

The attendant agreed to Daniel's suggestion and tested them for ten days. At the end of the ten days, Daniel and his three friends looked healthier and better nourished than the young men who had been eating the food assigned by the king. So after that, the attendant fed them only vegetables instead of the food and wine provided for the others. God gave these four young men an unusual aptitude for understanding every aspect of literature and wisdom. And God gave Daniel the special ability to interpret the meanings of visions and dreams.

### **Hebrews 11:6** (NLT)

"And it is impossible to please God without faith. Anyone who wants to come to him must believe that God exists and that he rewards those who sincerely seek him."

### **Matthew 9:29** (NIV)

Then he touched their eyes and said, "According to your faith let it be done to you."

### **Romans 14:23b** (ESV)

But whoever has doubts is condemned if he eats, because the evening is not from faith. For whatever does not proceed from faith is sin.

# 5

## \_\_\_\_\_ goals (give me hope)

### **Daniel 1:18-19** (NLT)

When the training period ordered by the king was completed, the chief of staff brought all the young men to King Nebuchadnezzar. The king talked with them, and no one impressed him as much as Daniel, Hananiah, Mishael, and Azariah. So they entered the royal service.

### **Zechariah 4:6** (NCV)

Then he told me, "This is the word of the Lord to Zerubbabel: 'You will not succeed by your own strength or by your own power, but by my Spirit,' says the Lord All-Powerful."

### **Proverbs 16:9** (MSG)

We plan the way we want to live, but only God makes us able to live it.

### **Job 6:11** (GW)

What strength do I have left that I can go on hoping? What goal do I have that I would want to prolong my life?

### **Jeremiah 29:11** (NIV)

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."

**Remember four realities about the right kind of goals:**

- **These goals bring God \_\_\_\_\_.**
- **These goals are motivated by \_\_\_\_\_.**
- **These goals give my life \_\_\_\_\_.**
- **These goals can only be achieved by \_\_\_\_\_.**

**Daniel 1:20-21 (NLT)**

Whenever the king consulted them in any matter requiring wisdom and balanced judgment, he found them ten times more capable than any of the magicians and enchanters in his entire kingdom. Daniel remained in the royal service until the first year of the reign of King Cyrus.

## **GOALS**

**My goal for my physical health is:**

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**My goal for my spiritual health is:**

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**My goal for my relational health is:**

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**My goal for my emotional health is:**

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**My goal for my financial health is:**

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**Colossians 2:14 (TPT)**

He canceled out every legal violation we had on our record and the old arrest warrant that stood to indict us. He erased it all—our sins, our stained soul—he deleted it all and they cannot be retrieved! Everything we once were in Adam has been placed onto his cross and nailed permanently there as a public display of cancellation.



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### GOALS BLESSED BY GOD:

**1**

**Disciplined goals** (spiritual discipline)

**Daniel 1:4 (NLT)**

Select only strong, healthy, and good-looking young men," he said. "Make sure they are well versed in every branch of learning, are gifted with knowledge and good judgment, and are suited to serve in the royal palace. Train these young men in the language and literature of Babylon."

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**2 Corinthians 5:9 (NIV)**

So we make it our goal to please him, whether we are at home in the body or away from it.

**There are four types of people in the world:**

- People who watch things happen.
- People who have no idea what's happening.
- People who criticize things that are happening.
- People who make things happen.

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## **2**

### **Focused goals** (all-in)

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## **3**

### **Challenging goals** (character-building)

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# 4

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# 5

## Intentional goals (give me hope)

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